



MANNERS & MORE Course Outline

Week 1: Communication & Calm Beginnings

- Getting to know your dog: breed, lifestyle, needs, and goals
- Communication: marker training & timing
- The power of reinforcement, the science of learning

Cues Introduced: Yes/Treat (marker), Watch Me, Break, Sit, Down, Stand

Homework: Daily structure & enrichment; focus building, push-ups

Week 2: Foundation Skills & Focus on You

- Building impulse control
- Recall and leash handling foundations
- Calm starts and moving together

Cues Introduced: Leave It, Come, Loose Leash Walking ("Let's Go!")

Homework: Focused leash walks + recall games

Week 3: Boundaries & Household Manners

- Reinforcing polite behaviors at home
- Teaching calm and clear boundaries
- Adding duration distance & distraction

Cues Introduced: Off, Out, Wait, Stay

Homework: Practicing polite exits and impulse control at meal time, boundaries in the home

Week 4: Doors, Patience & Place

- Managing high-stimulation moments
- Teaching dogs to wait at thresholds
- Creating reliable settle behavior

Cues Introduced: Wait, Place, Door Manners

Homework: Calm door routines, place practice, teach a trick!

Week 5: Tricks, Touch & Graduation!

- Confidence building with fun skills
- Head control & cooperative handling
- Combining skills for real-life reliability

Cues Introduced: Face (head control), Touch, Trick **Plus:** Graduation challenge & photo!

Homework: Cooperative care handling